

# Langley Oral & Maxillofacial Surgery

*Certified Specialist in Oral & Maxillofacial Surgery*

## INTRAVENOUS SEDATION/GENERAL ANESTHETIC INSTRUCTIONS

**Please read ALL of these instructions carefully**

In order to make your next visit to our office as comfortable and as easy for you as possible, we give you this list of reminders.

### **DON'T:**

- Do not wear any of the following:
  - CONTACT LENSES
  - TIGHT FITTING CLOTHING
  - MAKE UP, HAIR PINS, JEWELLERY, NAIL POLISH OR LOOSE FITTING SHOES
- UNDER NO CONDITIONS can you drive yourself home. You will not be put to sleep unless a responsible adult is coming to take you home. Taxi cabs are not acceptable.
- YOU MUST NOT drive an automobile or operate hazardous machinery for at least 24 HOURS after your anaesthetic or sedation.

### **DO:**

- Comply to the following FASTING GUIDELINES:

Full meal and fatty food	Until 8 hours prior to surgery
Clear liquids only, no solid or foods	Until 2 hours prior to surgery

- Do call our office if you have a COLD or COUGH. We may reschedule your appointment in your best interest.
- Do have someone come pick you up after your surgery OR bring their telephone number so that we may call them when you are ready to go home.
- Do have a responsible adult at home who can assist you and help take care of your needs.
- Do wear a blouse or shirt with short sleeves.

Thank you for taking the time to follow these few simple instructions. If you have any questions or concerns, please contact our office at **(604)371-0578**

**We require 2 business days' notice to cancel or reschedule.**